LESIONS THIS QUARTER

1) 04 June ................................................... Psalm 1 .............................................. The Path
2) 11 June ................................................... Psalm 78 .............................................. The Past
3) 18 June ................................................... Psalm 23 .............................................. The Shepherd
4) 25 June ................................................... Psalm 138 .............................................. Our Response
5) 02 July ................................................... Psalm 84 .............................................. His Presence
6) 09 July ................................................... Psalm 95 .............................................. The Creator
7) 16 July ................................................... Psalm 19 .............................................. God Revealed
8) 23 July ................................................... Psalm 136 .............................................. His Love
9) 30 July ................................................... Psalm 146 .............................................. His Faithfulness
10) 06 Aug ................................................... Psalm 51 .............................................. The Confession
11) 13 Aug ................................................... Psalm 32 .............................................. The Cleansing
12) 20 Aug ................................................... Psalm 141 .............................................. The Protector
13) 27 Aug ................................................... Psalm 42 .............................................. The Longing

INTRODUCTION

- Eleven psalms are attributed to the sons of Korah (42; 44-49; 84-85; 87-89), who were Levite descendants of Kohath, the father of Korah (cf. 1Chron 6:22-48; 9:17-32; 2Chron 20:19). In brief, King David put these Levites in charge of congregational singing.
- This psalm conveys that having hope in God’s services as encouragement during the roughest times in life, even if one is unable to find God in his pain.

<table>
<thead>
<tr>
<th>Passage</th>
<th>Comments</th>
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<tbody>
<tr>
<td>Psalm 42:1-2</td>
<td>1 «For the choir director. A Maskil of the sons of Korah» As the deer pants for the water brooks, So my soul pants for You, O God. 2 My soul thirsts for God, for the living God; When shall I come and appear before God?</td>
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<tr>
<td>Psalm 42:3</td>
<td>3 My tears have been my food day and night, while they say to me all day long, “Where is your God?”</td>
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<td>Psalm 42:4</td>
<td>4 These things I remember and I pour out my soul within me. For I used to go along with the throng and lead them in procession to the house of God, With the voice of joy and thanksgiving, a multitude keeping festival.</td>
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<tr>
<td>Psalm 42:5</td>
<td>5 Why are you in despair, O my soul? And why have you become disturbed within me? Hope in God, for I shall again praise Him For the help of His presence.</td>
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PASSAGE | Comments
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42:7 | 7 Deep calls to deep at the sound of Your waterfalls; All Your breakers and Your waves have rolled over me.
42:8 | 8 The LORD will command His lovingkindness in the daytime; And His song will be with me in the night. A prayer to the God of my life.
42:9-10 | 9 I will say to God my rock, “Why have You forgotten me? Why do I go mourning because of the oppression of the enemy?” 10 As a shattering of my bones, my adversaries revile me, while they say to me all day long, “Where is your God?”
42:11 | 11 Why are you in despair, O my soul? Why have you become disturbed within me? Hope in God, for I shall yet praise Him, The help of my countenance & my God.

CONCLUSION / APPLICATIONS / CONSIDERATIONS

Life is like a rollercoaster at times where we have dips & valleys. Theoretically, we should be consistent in our faith in both good and bad times, but “Life Happens.” Sometimes we are taken by surprise with horrendous catastrophes. Are we prepared to handle them courageously and still bring God glory by having a sound testimony? Only time will tell, BUT it begins with contemplating the cycles of life God may put us through. We better ask the tough questions now! What would I do if I lost my spouse, my kids, my job, my health? Would I still be able to say, “Though He slay me, yet I will trust Him”

NEXT WEEK: Exodus 1-4. God is silent for 430 years during Israel’s Egyptian pilgrimage. Then when the time was right, Moses is providentially prepared to relocate ~3,000,000 whiners out of Egypt & through a desert for 40 years.

When things look hopeless, where do we turn? Psalm 42:11